



# MV Makeup & Skin Care

## AFTERCARE INSTRUCTION

**It is essential that you follow these instructions after your Microblading or Ombré/Powder Brows session**

### Later in the day after the treatment:

Some lymph & blood may come to the skin surface. If it's not cleaned well, this will create more crusting. Therefore, clean the area two hours after the treatment by using the provided wipes. Very gently use a patting motion (no wiping) from front to tail to soften any lymph and apply gel. If you have oily skin or experienced a lot of bleeding and lymph during the treatment, perform the cleaning again every 2 – 3 hours after initial cleaning.

### Days 2 through 3 after the treatment:

DO NOT WIPE your brows for the first three days, only fold the wipes provided and pat the treated area gently every 2 to 3 hours following the direction of the growth of their hair. After each use of wipes, you must follow up with applying a thin layer of Angel Care Gel or Aquaphor with a cotton swab to the treated area to protect it and promote faster healing.

### Days 4 through 10 after the treatment:

After the third day following the treatment, only use the Angel Care Gel or Aquaphor as needed and avoid water in the treated area – do this for 7 days (ends the 10<sup>th</sup> day since your procedure was completed).

## GENERAL AFTERCARE INSTRUCTIONS:

- Avoid heavy sweating and exercise for 3 -5 days. It is “recommended” not to sweat for the first 10 days after the procedure. Sweat is salt and can prematurely fade the treated area.
- Avoid any treatments involving touching the brows such as facials, lash extensions, etc. for 10 days.
- Avoid the sauna, steam room and swimming in the ocean or swimming pool for 10 days
- Avoid using makeup on the eyebrows for at least 10 days. Blush, lipstick or eye makeup can be used.
- No other ointments other than Angel Care Gel or Aquaphor should be used for 7 days. Neosporin or Bacitracin type products **should be avoided** in the treated area because they may negatively affect color retention.
- Avoid sun tanning or salon tanning. Absolutely No Sun, sweating, or tanning 2 weeks prior and 4 weeks after the procedure. Do not have a tan/sunburn on your face prior to your procedure. The tan will exfoliate taking color with it as it fades.
- Avoid any laser or chemical treatments or peelings, and/or any creams containing Retin-A or Glycolic Acid on the face 60 days following the procedure.
- Absolutely NO PICKING, PEELING, OR SCRATCHING of the micro pigmented area in order to avoid scarring of the area or removal of the pigment.
- Avoid performing tasks related to heavy household cleaning such as garage or basement cleaning where there is a lot of airborne debris for 10 days. These particles may cause infection.
- Avoid smoking.
- Avoid drinking alcohol in excess, as it may lead to slow healing of wounds.
- Avoid driving in open air vehicles such as convertibles, boats, bicycles, or motorcycles.
- Avoid touching of the eyebrow area except for when rinsing and applying the Angel Care Gel or Aquaphor with a cotton swab.

Before showering apply a layer of Angel Care Gel or Aquaphor to protect your eyebrows from moisture. During the shower keep your face away from the showerhead. Itching and flaking may appear during the first seven days post-procedure. However, experience has shown that by following these after-care instructions, these symptoms may quickly disappear. The healing of deeper wounds might last between 14-21 days. Touch-ups and/or correction of the shape-design is recommended only after this period. If you have any unexpected problems with the healing of the skin, please contact us immediately, to discuss further instructions. We can be reached at 929-352-1093.



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## **Why do we apply Angel Care Gel?**

Angel Care Gel promotes the healing process and helps to achieve the best pigment retention in several ways:

- It prevents dust particles and dirt from penetrating the skin
- It prevents clogging of the pores
- It provides even color retention
- It keeps the skin soft and moisturized
- It avoids cracking due to drying of the skin
- It protects the treated area from infection
- And it nourishes and protects the skin while helping to prevent scarring

## **What to expect during and after your procedure:**

Your new temporary eyebrow will go through several phases during the healing cycle. The pigment will appear very sharp and dark immediately after the procedure. This is because the pigment is still sitting on top of your skin, and has not yet settled in completely. The color of the pigment will soften gradually. Do not be alarmed if you see some pigment on the cotton swab, as this is excess pigment and/or body fluid that is naturally exiting your skin. Once the healing of the skin starts taking place, it will look like dandruff flakes or dry skin. This might give you the impression that the color pigment is fading too quickly, however, this is just superficial color and dry skin being naturally removed from your eyebrows. Once completely healed, after 2 weeks, always apply a layer of mineral sunscreen SPF 30 up to SPF 50 on your eyebrows when exposed to the sun. Sun exposure might cause the color pigment to fade away more quickly. You can now enjoy your beautiful new temporary eyebrows. You will simply love your new gorgeous fresh look!